



Australian College of Beauty Therapy

“OUR AIM IS YOUR SUCCESS”

Your career starts **NOW**

SWEDISH BODY MASSAGE CERTIFICATE BY CORRESPONDENCE

Career Opportunities

Massage is the manipulation of body tissue to produce therapeutic effects. On successful completion of this unit the participant will be able to perform a basic soft tissue massage routine for specific conditions.

Course Content

- **Communication & Client Care** - Customer care, workplace health and safety, hygiene
- **Client consultation** - Consultation, contra-indications and treatment plan
- **Figure assessment** - Body types, skeletal and figure faults
- **Types of movements** - 5 classical movements of massage
- **Massage techniques** - Perform full body massage sequence
- **Anatomy and physiology** - Knowledge of skeletal, muscular and body systems

<u>Course Fee:</u>	<u>Course Duration: 6 months</u>
Contact our Careers Consultant	Structured self paced learning
<p><i>Included in course fees: Learners Text/activity workbook and Instruction DVD. Postage and handling charges included in Western Australia. Extra charges for postage and handling will apply outside Western Australia .</i></p>	

**On successful completion of this course you will receive:
ACBT Swedish Body Massage Certificate
by Correspondence**

Correspondence students are expected to complete their studies within a 6 month period.

The learners text and DVD will be sent to you along with your assignments.
Upon completion of each assignment, please forward them to the College for marking.
When the papers are marked they will be returned to you with results and any comments.

You will be contacted periodically regarding your progress and if you need any assistance during your studies, contact us by phone or email.

The Theory assessment will be conducted at the College or with either a JP, Principal of a school, police officer, or the like. The theory paper will be sent to whom you nominate and returned to us after completion. Papers will be marked and you will be notified of your results.

The Practical assessment must be conducted at the College. You will need to make arrangements with the Correspondence Co-ordinator for a time suitable to both. You are welcome to attend the College throughout the duration of your course from time to time. This will allow you the opportunity to get assistance to correct your techniques, give you encouragement and confidence in your knowledge and skills. Please notify us if you wish to attend so that we can arrange a class for your participation.

We offer assistance in getting you started in the beauty industry, by way of guidance and who to contact for further information such as Associations, Insurance, products etc.

**Our experience and Beauty Industry knowledge
guarantees your learning success.**

DELIVERY MODES :

Delivery of units is by means of Learners Text, DVD, and assignments.

All students are requested to undertake some work experience, where available, to demonstrate their skills on the job in a workplace environment.

Students assignments and assessments must be completed before any qualifications can be issued.

ASSESSMENT:

Assessment is undertaken on a continuous basis throughout the enrolment period.

Assessment methods may include a combination of the following:

- Practical Demonstration
- Theory
- Treatment Plans/Case Studies
- Oral Questions/explanations
- Observation
- Assignments

Students must attend the College to perform practical assessments.

Dates and times can be arranged with the Correspondence Co-ordinator or Administration.

TRAINERS & ASSESSORS:

All our trainers are highly trained and qualified in their field of expertise.

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